



Milwaukee County Food Resource Guide

Aging and Disability Resource Center

414-289-6874

Congregate and home delivered meals are provided by the Milwaukee County Division on Aging to help older persons remain healthy, active, and independent. There are 11 Senior Dining Sites in Milwaukee County.

To find a local meal site call the Aging Resource Center at 414-289-6874 for Milwaukee County information on Foodshare, quest care and home-delivered meals.

You may also visit www.dhs.wisconsin.gov/aging/contacts/COAGOF.HTM or <https://www.dhs.wisconsin.gov/aging/nutrition.htm>

From the Milwaukee County DOA website (<https://county.milwaukee.gov/EN/Department-on-Aging/Senior-Centers-Dining>):

Anyone 60 and over can join for lunch. There is a suggested contribution of \$3 for diners 60 and over and a cost of \$8 for their guests under 60.

You will need to first register for a diner card and then make reservations at least 24 hours in advance. Download the [registration form](#). Call [\(414\) 289-6995](tel:4142896995) for more information or take a look at our [dining FAQs](#).

Locate a nearby Dining Site: <https://county.milwaukee.gov/EN/Department-on-Aging/Senior-Centers-Dining>

Dining Menus: <https://county.milwaukee.gov/EN/Department-on-Aging/Senior-Centers-Dining/Senior-Dining-Menus>

For Income-Eligible 60+ Applicants

Meals on Wheels Home Delivered Meals Program

Milwaukee County Division on Aging Home Delivered Meals for Homebound Individuals, 414.289.6874.

Milwaukee county seniors must be homebound, physically or mentally impaired, living alone and home at time of delivery to qualify. To see if you are eligible, request an assessment by calling the Aging Resource Center (414)289-6874. Cost: Donation.

Home Delivered Meal Options Continued

Private Pay Home Delivered Meal Options

Horizon Home Care & Hospice Meals on Wheels 414.365.8300

<https://www.horizonhomecareandhospice.org/in-home-care/meals-on-wheels/>

11400 W Lake Park Dr, Milwaukee, WI 53224

There are no age requirements to participate! It costs \$10.50/hot meal or \$15.23 for one hot meal & one cold meal with no delivery costs. Frozen meals can be delivered for the weekend on Friday.

Hours: Monday-Friday 9am-1pm

Payment options: Insurance or Private pay

Accepted Insurance: iCare, Iris, Family Care, Community Care

If interested and have applicable insurance, contact your case manager.

If selecting private pay option, you must submit a security deposit which will be returned if you cancel service.

Kosher Mobile Meals (Jewish Family Services) 414.390.5800

www.jfsmilw.org

1300 N Jackson St Milwaukee WI 53202

Meals are cooked under dietary supervision at the Ovation Jewish Home and delivered by Goodwill Industries. The program serves older adults, persons with disabilities, and patients in area hospitals wanting a kosher meal. The program is operated under the joint auspices of Jewish Family Services, the Ovation Jewish Home and Va'ad HaKashrus of Milwaukee.

Delish Delivered 414.803.9894

www.delishdelivered.net, email: orders@dishdelivered.net

Fresh-cooked, prepared meals delivered to your door from Mequon, WI. Meals are cooked and delivered on Mondays and Wednesdays between 2:45pm-5pm, depending on your location. Order by 1pm the Thursday before your delivery or order several weeks at once. Delivery is free if you live in 53092, 53097, 53217, 53211, 53012, 53024, 53025, 53223, 53213, 53222, 53226, 53209, 53210, 53074 and others if close. Pick up at kitchen or several other locations also possible.

If you are not home, food can be stored in a cooler provided by the customer, or an insulated bag can be purchased for \$5 or \$10 for the family meal size. There are two meal selections listed on the menu for Monday delivery and 3 meal selections for Wednesday delivery. Meals will last in the refrigerator for at least 4 days or they can be frozen.

Portions

One-person meal (1 portion): \$10.95 (\$12.95 if a la carte)

Family Meal (2 adults and 2 kids or 3 adults): \$27.95 (\$32.95 a la carte)

Senior Resources Directory of Caregiver Agencies

www.seniorresourcesonline.com

This website lists nonmedical homecare agencies who can be hired for in-home meal preparation, light housekeeping, bathing, transportation, companionship etc.

On Demand Food Services

On Demand Food services refer to services that are typically ordered online. We have included telephone numbers when available.

InstaCart

www.instacart.com

Shop your favorite local grocery stores. Shop from anywhere using your computer, iPhone, iPad or Android device. Schedule a delivery - Have your groceries delivered in as little as an hour. You can also have them delivered later in the day or week. Get groceries delivered to you.

\$3.99 delivery fee on orders \$35+. Delivery fees vary for one-hour deliveries, club store deliveries, and delivers under \$35. Only available online. Coupons available on website.

Tele-Grocers, 1.888.902.7467

Helps place grocery orders via telephone for those who don't own a computer. Only accepts Credit Card or Debit Card. \$60 minimum order plus delivery fee. Open 8am-3pm. Delivery is next day within a two-hour time frame.

Fee for Tele-Order Assistance for orders of:

Under \$100, fee = \$9.95

\$100 to \$300, fee= \$12.95

\$300 to \$400, fee= \$15.00

\$400 to \$500, fee = \$20.00

\$500 to \$600, fee= \$25.00

Sendik's Whitefish Bay, 414.962.9525

500 E Silver Spring Dr, Milwaukee, WI 53217

\$50 minimum order, \$15.95 processing fee (\$10 delivery fee, \$5.95 grocer fee)

Delivery between 9am-12pm or 2pm-5pm

Express Pick-Up available with no minimum purchase amount plus \$5.95 grocer fee.

Mail Order Meals

Accessed by phone and/or through the Internet.

Home Bistro 800.749.1170

www.homebistro.com

support@homebistro.com

Meals are \$19 or under plus shipping. Ships within 1-3 business days. Gourmet Food Delivery, fully cooked. Meal Plans available starting at \$161 for 7 meals.

Mom's Meals 1.866.204.6111

www.MomsMeals.com

Serves clients who are covered under Medicare advantage plans, Medicaid Plans, long-term services and supports (LTSS) programs or the Older Americans Act, and by individuals or their caregivers looking for a self-pay program. For those paying independently, they offer a 10% discount for Veterans as well as those who subscribe to Auto Ship service. Entrées cost \$6.99 for those covered by their health plan. Self-pay participants pay \$7.99 per entree. Shipping and handling are a flat fee of \$14.95 per order of 7, 14 or 21 meals. Meals can be stored in fridge for up to 14 days. When ordering online, you can select a preferred delivery date.

Personal Chef To-Go 804.453.2227

www.personalcheftogo.com

Choose from weekly plans – 5 Meals a week for \$64.95 – 10 Meals a week for \$119.50 – 15 Meals for \$168.75– 20 Meals a week for \$210.99. Free shipping on all orders. Eco-friendly packaging for \$6.95. Choose your meals online- Food comes cooked- can store in fridge for 10-12 days. Deliveries ship Wednesday and arrive Thursday or Friday. No subscription required.

Fresh'n'Lean 888.420.4080

www.freshnlean.com

hello@freshnlean.com

Fresh, organic ingredients with a healthy twist. Prepared food delivered to your home. Choose from a variety of Meal Plans (Vegan, Low Carb, High Protein etc.) or order A la Carte. Meal Plans ranging from \$8.49 per meal to \$15.99 per meal.

Option of 5 or 7 days and breakfast and/or lunch and/or dinner. Shipping is Free.

Call or go online to order.

Grocery Stores that Deliver

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Hunger task Force Mobile Food Market 414-238-6462

All shoppers are welcome to use the Hunger Task Force Mobile Food Market and enjoy 50% off a healthy selection of fruits, vegetables, dairy, meats, and more. The market accepts debit cards, credit cards and Quest EBT. No cash is accepted. It travels to various locations throughout Milwaukee County. It is in Shorewood one time per month on River Park Court.

Food Programs and Pantries 414.777.0483

5000 West Electric Ave Milwaukee WI, 53219

Commodity Supplemental Food Program (CSFP)

(The program is locally known as Stockbox/Cupboard Bound.)

The Wisconsin Department of Health Services offers free, nutritious food to eligible low-income seniors aged 60 years and older. The foods are supplementary and do not provide a complete diet. Persons eligible for CSFP are aged 60 and older and have monthly income at or below \$1,473 for a single person or \$1,984 for a family of two (for larger families add \$512 for each additional member).

FoodShare Program: 1.800.362.3002

www.access.wisconsin.gov

Purchase food at a grocery store with a plastic "Quest Card". Monthly benefit amounts are based on net income and household size. Contact your local Income Maintenance agency for application assistance at: www.dhs.wisconsin.gov/forwardhealth/imagency/index.htm. To

Shorewood Senior Resource Center · 2010 E. Shorewood Boulevard · Shorewood, WI 53211 · 414.847.2727

Updated September 2022

Speak to someone about your case for FoodShare, contact the Milwaukee County Call Center at 1.888.947.6583.

Senior & WIC Farmers Market Voucher Program: 414.909.9101 or 414.777.0483

www.hungertaskforce.org

info@hungertaskforce.org

Farmers Market Vouchers are available to older adults 60 or older who meet income eligibility requirements. Native Americans may participate at age 55 or older. Vouchers are to purchase WI grown produce. Hunger Task Force administers the Senior Farmers Market Voucher Program, a federal program that provides seniors with a \$25 voucher to purchase fresh produce at local farmers markets. Vouchers are distributed in June of each year. Vouchers are valid from June 1-October 31. To apply call the number above or visit the Hunger Task Force website.

Wisconsin Nutrition Education Program (WNEP):

WNEP helps families/individuals who are FoodShare eligible improve their food security through education. For more information, visit <http://milwaukee.uwex.edu/nutrition> or contact the Milwaukee County WNEP Teaching Coordinator at 414.256.4686.

Milwaukee East Side Food Pantries:

Interchange Food Pantry: 414.551.2184

interchangefoodpantry.org

130 East Juneau Avenue Milwaukee, WI 53202

Shopper choice pantry open

Tuesday: 2:00pm-4:00pm

Wednesday: 4:00pm-6:00pm

Thursday: 9:30am-11:30am

Saturday: 9:30am-11:30am

Participants can visit twice per month

Adults will need a government ID and proof of address to utilize the pantry.

Kinship Community Food Center: 414.301.1478

www.kinshipmke.org

St. Casimir, 924 E Clark St

Shopper choice pantry open

Tuesdays: 4pm-6pm

Saturdays: 8:30am-10:30am

Shorewood Senior Resource Center · 2010 E. Shorewood Boulevard · Shorewood, WI 53211 · 414.847.2727

Updated September 2022

Grocery quantity depends on size of household. Participants can receive dry goods, bread, produce, dairy and meats once per month. Additional visits within the month participants can receive bread and produce only.

Senior Resource Center