



Shorewood
SENIOR RESOURCE
CENTER

Shorewood Village Center
2010 E. Shorewood Blvd.
Shorewood, WI 53211

WINTER 2026

HELPFUL SERVICES AND INFORMATION

Senior Resource Center - 414-847-2727

Our staff are available by phone or in person to provide free hands-on help and unbiased information to meet your changing needs.

East Side Senior Services - 414-210-5881

Offers free, volunteer-provided services such as transportation, companionship, shopping for Shorewood residents age 60 and older.

Eras Senior Network - 414-488-6500

Milwaukee County residents 60 or older are eligible for free, volunteer-provided services including transportation to medical appointments, grocery store/food pantry, seasonal yard clean up, and friendly phone calls from caring volunteers.

Aging And Disability Resource Center of Milwaukee County (ADRC) - 414-289-6874

Information and Referral Specialists answer questions and connect you with helpful programs and services.

State Of Wisconsin Medigap Helpline - 1-800-242-1060

Benefit counselors help you sort out options for Medicare, supplementary insurance, prescription drug programs and long-term care insurance.

Toenail Trimmers LLC - 262-719-0336

Toenail Trimming - Available by Appointment

Toenail Trimmers is a mobile company that provides safe, cost-effective foot and toenail care.

TAX HELP RESOURCES

AARP Tax Aide in Shorewood Village Center - Thursdays, Feb. 5 - Apr. 9, 12 - 3 p.m.

FREE Income Tax Preparation and Electronic Filing Service – Provided by IRS certified volunteer tax counselors from AARP. Appointments can be made, beginning in January by calling (414) 215-0448 and leaving your contact information, or online at freetaxhelp.as.me.



SRC NEWS NOW

WINTER 2026

Dear Friends,

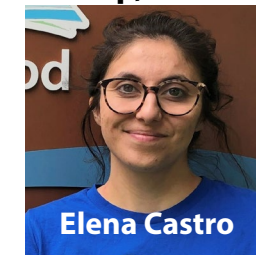
We're heading into 2026 with renewed energy and confidence! We're thrilled to share that Elena Castro has returned permanently as the SRC Program Assistant. Elena's knowledge, warmth, and steady presence are a big part of our optimistic outlook for the year ahead.

For our bingo fans, good news — we've found a new caller and plan to bring Bingo back quarterly!

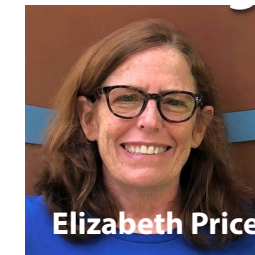
If you're new to the SRC or just looking to get more involved, our Conversation Circle and Book Nook groups are still forming and would love a few more friendly faces. We know it can be hard to take that first step, but you're not alone — others are looking for connection too. Reach out and give us a try!

See you soon at the SRC!

With warmth and friendship, Elizabeth Price



Elena Castro



Elizabeth Price

KEEP IN TOUCH WITH THE SRC

Office Hours: Monday - Thursday, 9:00 a.m. – 1 p.m. or by appointment

Program Registration and Contact Information - Call 414-847-2727 or email src@shorewoodwi.gov



Join our Facebook group and visit our website!
Website: <https://www.villageofshorewood.org/SRC>
Facebook: <https://www.facebook.com/shorewoodSRC>
You can also scan the QR code with your phone to access the SRC website.

Registration Information:
Make checks payable to the SRC and mail to:
2010 E Shorewood Boulevard, Shorewood, WI 53211
Please include your name, address, telephone number and email address when registering for a program.

IN PERSON EVENTS

Unless otherwise specified all programs are held Shorewood Village Center (Lower-Level Library)
For registration, please stop by, call the office, or email src@shorewoodwi.gov

HEALTH AND WELLBEING

Qi Gong - Mondays - Jan. 12 - Mar. 30, 10 – 11 a.m. with Sherrod Milewski of the Milwaukee T’Ai Chi Ch’uan Center
[Preregistration](#) with \$50 payment for the series required. **No Class Feb. 16**

Gentle Yoga - Tuesdays, Jan. 13 - Mar. 31, 10 – 11 a.m. with Meredith Watts
[Preregistration](#) with \$50 payment for the series required. **No Class Feb. 17**

ZUMBA GOLD Dance Fitness - Wednesdays, Jan. 14 - Mar. 18, 2:30 - 3:15 p.m. with Mimi Oxman
[Preregistration](#) with \$50 payment for the series required.

Brain Power Hour - Fourth Tuesday, 1 - 2 p.m.

Join us for a monthly 60-minute interactive workshop using evidence-based activities to stimulate the mind and body. Free! [Preregistration](#) encouraged.

Jan. 27 Explore the Impact Fun Has on Our Wellness and Ability to Perform

Feb. 24 The Connection Between Cortisol Levels and Cognitive Function

Mar. 24 Six Types of Normal Memory Lapses and Why You Needn’t Worry

Phillip Chard - Becoming One’s Authentic Self - Wednesday, Feb. 11, 10:30 a.m - 12 p.m.

Dr. Chard is a nationally recognized psychotherapist, columnist and speaker. Free. [Preregistration](#) encouraged.

Introduction to Collage for Reflection: Accessing Your Inner Wisdom - Tuesday, Feb. 24, 10 a.m. - 12 p.m.

Take a quiet, creative journey inward through collage. Guided by Genevieve Kirchman, you’ll craft meaningful collages that encourage reflection and self-discovery. All materials are provided — no prior art experience is needed. Free. [Preregistration](#) required.

Participants who enjoy the introductory session are invited to continue with a 4-part **Collage for Reflection** series offered on the following Tuesdays, Mar. 3 - 24, 10 a.m.–12 p.m. [Preregistration](#) with \$10 payment for the 4-week series is required.

North Shore Health Department Blood Pressure Check - Wednesday, Jan. 21, 11 a.m. – 1 p.m.

A nurse from the North Shore Health Department will be on-site to take your blood pressure and share resources.

Fall Risk Reduction Series - 4 Weeks - Thursdays, Feb. 26 - Mar. 19, 10 – 11 a.m.

Trina Worby, P.T. takes an evidence-based approach to improve mobility, balance, and strength with the goal of reducing fall risk and fear of falling. [Preregistration](#) with \$20 payment for the 4-week series required.

JUST FOR FUN

Ready to Play? - Mondays, 1 – 3:30 p.m.

Join us for an afternoon of fun and friendly competition! Reconnect with familiar faces or meet new friends while enjoying classic card and board games like bridge, cribbage, chess, Rummikub, and Scrabble. Free to attend. No registration needed - just drop in! (**No Games on Feb. 16**)

Winter Bingo - Wednesday, Jan. 28, 12:30 p.m. - 2 p.m.

Bring your lucky charm and join us at the SRC for an afternoon of fun! Cards are just 25¢ each - and yes, there will be prizes!

Book Nook - Tuesday, Jan. 20, 1 - 2 p.m. - in the Library Program Room

Calling all bookworms! Here’s a fun, casual opportunity to discuss some of your favorite books- and perhaps discover your next great read. The program is facilitated by Shorewood Librarian Kayla Champagne. Free.

[Preregistration](#) appreciated.



The Conversation Circle - First Tuesdays, Jan. 6, Feb. 3, Mar. 3, 11 a.m. - 12 p.m.

A welcoming space to reflect, share, or simply listen as we explore purpose and connection. Join facilitator Erica Weise for thoughtful conversations that inspire insight and community. [Preregistration](#) encouraged.

Dance Party! - Wednesday, Mar. 25, 1 - 2:30 p.m.

We’ll be rockin’ and boppin’ to 50’s and 60’s rock and pop with the Fashionably Late Combo, refreshments and fun! Please [preregister](#) with \$5 payment.

Monthly Box Lunches- Wednesdays, 11:30 a.m - 1 p.m.

Meet new friends and greet old ones at our Grab & Go Luncheons. You are welcome to stay and eat your lunch and enjoy “fun time” from 12 – 12:30 pm with an activity planned - just for a laugh or two. [Preregistration](#) one week prior with \$10/person per event required.

Jan. 21 Corner Bakery Turkey Avocado Sandwich

Feb. 18 North Shore Boulangerie Chicken Salad on Crossiant

Mar. 18 Benji’s Deli Corned Beef Sandwich/City Market Mint Brownie

Writing Group - Tuesday, Jan. 6, Feb. 3, Mar. 3, 1-2:30 p.m.

Love to write? Join our monthly writing group to share your work and explore creative prompts in a supportive community. Free to attend. [Preregistration](#) required.

IN THE KNOW

In Person One-to-One Tech Support by Appointment - Fridays, 10 a.m. – 1 p.m.

Schedule a 50-minute appointment with a tech tutor and get help learning how to make better use of your portable device. FREE! [Appointments](#) required.

Tech Connect Series- Wednesdays, 10:30 a.m. - 12 p.m.

Programs are FREE. [Preregistration](#) is required.

Jan. 28 Smartphones at a Glance – Compare Android and Apple phones, explore features, and see what works best for you.

Feb. 25 P2P Payment Apps - Learn how PayPal, Venmo, and CashApp work, and get tips to use them safely.

Mar. 25 Everyday Uses of AI - See how AI powers daily life—from voice assistants to healthcare—and how it can help you.



Shorewood Blend - Wednesday, 10:30 - 11:30 a.m.

Join us for coffee and a conversation about Shorewood with people in the know. Free. [Preregistration](#) is encouraged.

Feb. 4 School Superintendent Laurie Burgos

Mar. 4 Village Trustee & School Board Candidates Meet & Greet

Apr. 1 Village Manager Rebecca Ewald

May 6 Chief of Police Heather Wurth

Aging Disability Resource Center Outreach Social Worker On Site - Wednesday, Feb. 18, 11 a.m. - 1 p.m.

Milwaukee County Aging and Disability Resource Center Outreach Social Worker will be here to answer questions about services and information for Milwaukee County older adults.

Cuppa Joe Pop-up Social at Einstein Bagels - Mondays, Jan. 5, Feb. 2, Mar. 2, 10 a.m.

Bring a friend or make a new friend and share a laugh or a story at the Cuppa Joe Social. Einstein’s Brothers Bagels 4301 N Oakland Avenue. In case of icy sidewalks or snow, we will cancel. Please call the SRC if you are unsure.

AGE-FRIENDLY SHOREWOOD – SHOREWOOD CONNECTS

Coffee & Conversation Caregiver Support Group - First Thursday of each month at 10:30 a.m.

This group is for persons caring for someone with dementia. It meets at Kingo Lutheran Church, 1225 E Olive St, Shorewood.

Shorewood Memory Cafe - For Persons with Dementia and Their Care Partners- Second Friday of each month at 10:30 a.m.

This group meets at Kingo Lutheran Church, 1225 E Olive St, Shorewood.